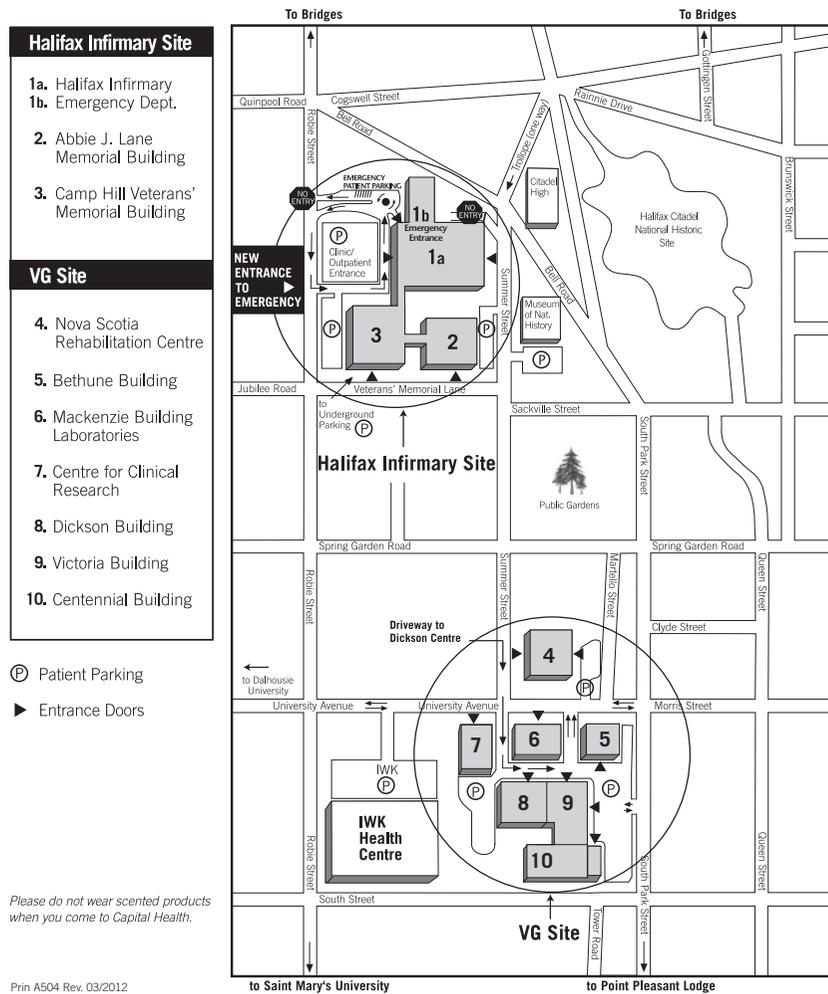


QEII Health Sciences Centre Map



2014

Getting Ready for Oral Surgery

**Oral and Maxillofacial
 Surgery Clinic**
Victoria General site

**Patient Information and
 Instructions**

Looking for more health information?

Contact your local public library for books, videos, magazines, and other resources.

For more information go to www.library.novascotia.ca

Capital Health promotes a smoke-free and scent-free environment.

Please do not use perfumed products. Thank you!

Capital Health, Nova Scotia
www.cdha.nshealth.ca

Prepared by: Oral and Maxillofacial Surgery Clinic Staff

Designed by: Capital Health Library Services, Patient Education Team

Printed by: Dalhousie University Print Centre

Welcome to the Oral Maxillofacial Surgery Clinic.

Your surgery is on

at _____

Please report to the clinic waiting room (room 116) on the ground floor of the Centennial Building, Victoria General site, _____ minutes before your appointment. This allows time for registration and assessment.

Surgery in the outpatient clinic is done under local anesthesia (freezing), or with local anesthesia AND IV sedation (intravenous medication to relax you). This is different from being put to sleep for major surgery in an operating room.

If you are having IV sedation:

- A driver **MUST** accompany you to the clinic and stay at the hospital to take you home. **Your surgery may be cancelled if you do not have someone with you to drive you home. The vehicle must be within 5 minutes walking distance.**
- Plan to have someone stay with you for **24 hours** after surgery.
- You may eat solid food up to 6 hours before surgery and clear liquids up to 2 hours before surgery. **Your surgery may be cancelled if these guidelines are not followed.**
- Wear a top with a loose sleeve. This allows access to your arm when the sedation is given.

At the time of surgery, you will get a pamphlet about your care after surgery. Instructions will be given to your driver before you leave for home. If needed, you will be given a prescription(s) by the surgeon. (There is a Shoppers Drug Mart on the 1st floor of the Centennial Building where prescriptions can be filled, if desired.)

Payment for surgery is due on the day of surgery. We accept Visa, MasterCard®, Interac, and cash.

If you are unable to keep your appointment, please call the clinic at (902) 473-2071 as soon as possible so we may book another patient. Thank you for your cooperation.

If you have any questions, please ask.

We are here to help you.